

San Diego Cancer Research Institute

Vista Integrative Calendar

JULY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9:00am-12:00pm Reiki with Mary 9,10,11am Acupuncture w/Kim ENCINITAS 3pm-5pm Chemo Class pre-register w/RN class is in ENCINITAS 4:00pm-5:00pm Caregivers Support Group with Dr. Brenner in ENCINITAS	2 10am-1pm Massage with Maureen
5 <div style="text-align: center;"> CLOSED IN OBSERVANCE OF  4th of July </div>	6 12p-1:30p Nutrition w/Mary RN & Jennifer CNC in Encinitas only 12pm-2pm Energy Healing w/ Maura 2pm-3:30pm Living w/Cancer Support Grp 3:30pm-4:30pm Energy Healing w/Maura	7	8 9,10,11am Acupuncture w/Kim ENCINITAS 3pm-5pm Chemo Class pre-register w/RN class is in ENCINITAS 4pm-5pm Bereavement Recovery Support with Dr. Brenner in the ENCINITAS Office 5-6pm Meditation Evening ENCINITAS	9 10am-1pm Massage with Maureen
12 9,10,11am Acupuncture w/Kim ENCINITAS	13 12p-1:30p Nutrition w/Mary RN & Jennifer CNC in Encinitas only	14 9am-11am Acupuncture with Joe	15 9:00am-12:00pm Reiki with Mary 9,10,11am Acupuncture w/Kim ENCINITAS 3pm-5pm Chemo Class pre-register w/RN 4:00pm-5:00pm Caregivers Support Group with Dr. Brenner in ENCINITAS	16
19 9,10,11am Acupuncture w/Kim ENCINITAS 10am-1pm Massage with Don	20 12p-1:30p Nutrition w/Mary RN in Encinitas only 1pm-2pm Energy Healing w/ Maura 2pm-3:30pm Living w/Cancer Support Grp 3:30pm-4:30pm Energy Healing w/Maura	21	22 9,10,11am Acupuncture w/Kim ENCINITAS 3pm-5pm Chemo Class pre-register w/RN class is in ENCINITAS 5pm-6pm Meditation Evening w/Bob, Dr. Brenner & Dr. Vicario ENCINITAS	23
26 9,10,11am Acupuncture w/Kim ENCINITAS 10am-1pm Massage with Don	27 12p-1:30p Nutrition w/Mary RN in Encinitas only Prostate Cancer Support Cancelled	28	29 9:00am-12:00pm Reiki with Mary 9,10,11am Acupuncture w/Kim ENCINITAS 3pm-5pm Chemo Class pre-register w/RN class is in ENCINITAS	30 10am-1pm Massage with Maureen

Address: 910 Sycamore Ave., Suite 102
Vista, CA 92081

Phone: (760) 598-1700

web site: www.sdccancer.com
www.sdcri.org

Integrative Program Information

This program is free to all cancer patients in San Diego County

Support Groups are open to all cancer patients in San Diego County on a walk in basis. Check in at front desk. Please see flyers for dates & times.

"Who Cares For The Caregiver" Support Group with Dr. Brenner

"Living with Cancer" Support Group with Dr. Brenner

"An Evening of Meditation" with Dr. Vicario, Dr. Brenner and Bob Bunshaft

"Prostate Cancer Support Group" with David White

Educational Programs:

Nutritional Discussion Group: with Mary Hollander RN & Jennifer Copyak Certified Nutritional Consultant. Open to all cancer patients in San Diego County. Sign-up at front desk.

Chemotherapy Classes: Open to San Diego Cancer Center patients only at this time. Pre-register with a Chemotherapy Nurse. Classes are held at Encinitas Center.

Acupuncture with PCOM Students: Appointments are open to San Diego Cancer Center patients only who are currently receiving treatment. Please check with front desk.

Acupuncture with Volunteers: San Diego Cancer Center patients only. Do not need to be currently in treatment.

Yoga and Qigong are open to all cancer patients in San Diego County on a walk in basis. Please call ahead to check for any time changes.

Reiki, massage, hypnotherapy and all other individual sessions: These sessions are open to all cancer patients in San Diego County. Priority will be given to San Diego Cancer Center patients. Call or talk to front desk to make an appointment. Each patient may make only two appointments a month. Limited to one massage per month.

Integrative Modalities: See flyers for more information

Acupuncture
Biofeedback
Craniosacral Therapy
Expressive Art Playshop
Reiki, Energy Healing, Healing Touch & Wisdom Healing
Hypnotherapy
Drum Circle with Teri
Massage Therapy
Qigong
Somatic Experience
Tibetan Bowl Sound Energy Healing
Yoga