

San Diego Cancer Research Institute Encinitas Integrative Calendar

JULY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9, 10 & 11am Acupuncture W/ Kim/PCOM 10am-11:30am QiGong with Fay 3pm-5pm Chemo Class pre-register w/RN 4:00pm-5:00pm Caregivers Support Group	2 10am-12pm Photopainting w/ Alessandra Sign-up sheet in Encinitas lobby.
5 CLOSED IN OBSERVANCE OF 	6 10am-11am Yoga with Daniela 10am-1pm Craniosacral Thpy w/Blanca 10am-12pm Wisdom Healing w/Federico 12p-1:30p Nutrition w/Mary RN & Jennifer	7 9:30am-1pm Acupuncture w/Dodie 10am-12pm Expressive Art Playshop with Alessandra:Sign-up sheet at front desk. 1:30pm & 3pm Massage w/ Cathy	8 9, 10 & 11am Acupuncture W/ Kim/PCOM 10am-11:30am QiGong with Fay 3pm-5pm Chemo Class pre-register w/RN 4pm-5pm Bereavement Recovery Support 5pm-6pm Meditation Evening w/Bob Bunshaft, Dr. Brenner & Dr. Vicario	9 10am-12pm Photopainting w/ Alessandra Sign-up sheet in Encinitas lobby.
12 11am-3pm Reiki with Pat 9, 10 & 11a Acupuncture with Kim & Pacific College of Oriental Medicine 1 & 2:30pm & 4pm Hypnotherapy/ Cancer Support Coach Greg DeBerry	13 10am-11am Yoga with Daniela 10am-1pm Craniosacral Thpy w/Blanca 10am & 11am Somatic Exp. w/Michealene 12p-1:30p Nutrition w/Mary RN & Jennifer 12-2p & 330-430p Energy Healg w/ Maura 2pm-3:30pm Living w/Cancer Support Grp 2pm-4pm Massage/Facials with Raquel	14 1:30pm-5pm Biofeedback with Suzi 4:00pm Reiki with Lynn	15 9, 10 & 11am Acupuncture W/ Kim/PCOM 10am-11:30am QiGong with Fay 3pm-5pm Chemo Class pre-register w/RN 4:00pm-5:00pm Caregivers Support Group	16 10am-12pm Photopainting w/ Alessandra Sign-up sheet in Encinitas lobby.
19 11am-3pm Reiki with Pat 9, 10 & 11a Acupuncture with Kim & Pacific College of Oriental Medicin 1 & 2:30pm & 4pm Hypnotherapy/ Cancer Support Coach Greg DeBerry	20 10am-11am Yoga with Daniela 10am-12pm Wisdom Healing w/Federico 10am-1pm Craniosacral Thpy w/Blanca 10am & 11am Somatic Exp. w/Michealene 12p-1:30p Nutrition w/Mary RN	21 9:30am-1pm Acupuncture w/Dodie 11am-2pm Massage w/ Robin 12pm Drum Circle w/ Teri 1:30pm-5pm Biofeedback with Suzi	22 9, 10 & 11am Acupuncture W/ Kim/PCOM 10am-11:30am QiGong with Sub: Susan 3pm-5pm Chemo Class pre-register w/RN 5pm-6pm Meditation Evening w/Bob Bunshaft, Dr. Brenner & Dr. Vicario	23 10am-12pm Photopainting w/ Alessandra Sign-up sheet in Encinitas lobby.
26 11am-3pm Reiki with Pat 9, 10 & 11a Acupuncture with Kim & Pacific College of Oriental Medicine 1 & 2:30pm & 4pm Hypnotherapy/ Cancer Support Coach Greg DeBerry	27 10am-11am Yoga with Daniela 10am-1pm Craniosacral Thpy w/Blanca 10am-12pm Wisdom Healing w/Federico 12p-1:30p Nutrition w/Mary RN 12pm-2pm Energy Healing w/ Maura 2pm-3:30pm Living w/Cancer Support Grp 3:30pm-4:30pm Energy Healing w/ Maura Prostate Cancer Support Group Cancelled	28 10am-12pm Expressive Art Playshop with Alessandra:Sign-up sheet at front desk. 1:30pm & 3pm Massage w/ Cathy 1:30pm-5pm Biofeedback with Suzi 4:00pm Reiki with Lynn	29 9, 10 & 11am Acupuncture W/ Kim/PCOM 10am-11:30am QiGong with Fay 3pm-5pm Chemo Class pre-register w/RN	30

Address: 1200 Gardenview Rd., Suite 200
Encinitas, CA 92024

Phone:(760)634-6661

Web site:www.sdccancer.com

www.sdcri.org

July Fundraiser for San Diego Cancer Research Institute

Join us in raising money for our Integrative Program so we can continue to offer our services for free. Take the family to dinner and support our great programs at the same time.

Souplantation will donate 20% of sales to SDCRI when you purchase a meal and a beverage at the locations and times below. Bring your flyer & give it to your waitperson. Ask at the front desk for flyers for both Vista & Encinitas.

For the Encinitas SOUPLANTATION

DATE: Monday, July 12, 2010

TIME: 11 a.m. to 8 p.m.

LOCATION:
Encinitas
109 North El Camino Real
Encinitas, CA 92024

For the Vista SOUPLANTATION

Date: Tuesday, July 13, 2010

Time: 4 p.m. to 8 p.m.

LOCATION:
Vista
1860 University Dr.
Vista, CA. 92083-7700

For directions to either location visit Souplantation.com
Don't forget to bring your flyer with you.

Program Notes

Prostate Support Group cancelled this month.

Drum Circle with Teri: Please see flyer
Wednesday, July 21st at 12pm.

Nutrition Discussion Group
Please see monthly flyer with list of topics to be discussed.

Place: Encinitas Center Only
Day: Every Tuesday
Time: 12pm - 1:30pm
Facilitators: Jennifer Copyak Certified Nutrition
Consultant & Mary Hollander R.N.