

# SAN DIEGO CANCER CENTER

Presents

## WHO CARES FOR THE CAREGIVER?

### A MONTHLY SUPPORT GROUP FOR CAREGIVERS

One person's illness affects the entire family. However, the diagnosis of cancer impacts the family and **caregivers** more than any other disease. Cancer can be curable, but unfortunately, as a result of the media, cancer connotes fear and a sense of dread. The individual who is given the diagnosis of cancer is too often thrown into a hopeless paralyzing state. As a result, the primary caretaker offers an invaluable service by assisting the patient through the maze of laboratory tests, X-rays, Cat Scans, MRI's, Pet Scans, doctor visits, medications, etc. Through all this, who cares for the caretaker?

San Diego Cancer Center is aware of the profound service that **caregivers** provide to the patients and the medical staff. To honor and assist these dedicated individuals, we, at the Center, are beginning a monthly support group. These sessions will help caregivers not only navigate through the daily chores that they offer their loved ones but hopefully provide **caregivers** with skills to care for themselves, talk freely about their concerns, grief counseling, cancer updates and perhaps most importantly, the wisdom gained by the other caregivers who attend the group.

**WHERE:** The San Diego Cancer Center  
1200 Garden View Rd., Suite 200, Encinitas, CA

**WHEN:** The first Thursday of the month  
Starting June 5<sup>th</sup>, 2008

**TIME:** 3 to 4:30 PM

**FACILITATORS:** Paul Brenner, M.D., Ph.D. and Deborah Brenner

**All caregivers are welcome. No need to r.s.v.p.**

For more information, please visit our web sites:

[www.sdcancer.com](http://www.sdcancer.com)

[www.sdcri.org](http://www.sdcri.org)

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